

2026–27 Sociology–Work and Family (B.S.) Academic Map

Department of Sociology and Anthropology

Middle Tennessee State University • Murfreesboro



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more information
about the
True Blue Core (TBC).

An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives.

Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.

Suggested Fall/Spring Four-Year Schedule

| FRESHMAN FALL | | | FRESHMAN SPRING | | |
|---|-----------|---|--|-----------|---|
| Course | Hours | Milestones/Notes | Course | Hours | Milestones/Notes |
| Written Communication | 3 | TBC | Information Literacy | 3 | TBC |
| Creativity and Cultural Expression | 3 | TBC; one must come from Discovery; ANTH 2210 rec. | Scientific Literacy | 4 | TBC; one must come from Discovery |
| SOC 1010 | 3 | TBC; Major; Must earn C or higher | Quantitative Literacy | 3 | TBC; MATH 1530 rec. |
| Scientific Literacy | 4 | TBC; one must come from Discovery | SOC 3400 (required) | 3 | |
| | | | Creativity and Cultural Expression | 3 | TBC; one must come from Discovery |
| SUBTOTAL | 13 | | SUBTOTAL | 16 | |
| SOPHOMORE FALL | | | SOPHOMORE SPRING | | |
| Creativity and Cultural Expression Literature | 3 | TBC | SOC guided elective (required) | 3 | See list |
| SOC 2980 (required) | 1 | | SOC 3050 (required) | 4 | Must earn C or higher |
| SOC 3040 (required) | 3 | Must earn C or higher | History and Civic Learning | 3 | TBC; one must come from Discovery |
| SOC 4050 (required) | 3 | | Human Society and Social Relationships | 3 | TBC; one must come from Discovery; ANTH 2010 rec. |
| Non-Written Communication | 3 | TBC | SOC 4100 (required) | 3 | |
| History and Civic Learning | 3 | TBC; one must come from Discovery | | | |
| SUBTOTAL | 16 | | SUBTOTAL | 16 | |
| JUNIOR FALL | | | JUNIOR SPRING | | |
| SOC 3060 (required) | 3 | Must earn C or higher | SOC guided elective (required) | 3 | See list |
| SOC guided elective (required) | 3 | See list | Work/Family concentration elective | 3 | |
| Work/Family concentration elective | 3 | | Work/Family concentration elective | 3 | |
| Minor course | 3 | | Minor course | 3 | |
| Minor course | 3 | | Minor course or elective | 3 | |
| SUBTOTAL | 15 | | SUBTOTAL | 15 | |
| SENIOR FALL | | | SENIOR SPRING | | |
| Work/Family concentration elective | 3 | | SOC 4980 (required) | 3 | Must earn C or higher |
| Elective | 3 | | Elective | 3 | |
| Minor course | 3 | | Elective | 3 | |
| Minor course | 3 | | Elective | 3 | |
| Elective | 3 | | Elective | 2 | |
| SUBTOTAL | 15 | | SUBTOTAL | 14 | |
| TOTAL HOURS IN PROGRAM: 120 | | | | | |

Sociology–Work and Family (B.S.)

Suggested Fall/Spring/Summer Four-Year Schedule

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years. Refer to www.mtsu.edu/financial-aid/scholarships for information regarding use of the Lottery Scholarship for the summer term.

NOTE: Learning Support courses will alter the sequences on this map.

| FRESHMAN FALL | | | FRESHMAN SPRING | | |
|---|-----------|---|------------------------------------|-----------|-----------------------------------|
| Course | Hours | Milestones/Notes | Course | Hours | Milestones/Notes |
| Written Communication | 3 | TBC | Information Literacy | 3 | TBC |
| Creativity and Cultural Expression | 3 | TBC; one must come from Discovery; ANTH 2210 rec. | Scientific Literacy | 4 | TBC; one must come from Discovery |
| SOC 1010 | 3 | TBC; Major; Must earn C or higher | Quantitative Literacy | 3 | TBC; MATH 1530 rec. |
| Scientific Literacy | 4 | TBC; one must come from Discovery | SOC 3400 (required) | 3 | |
| SUBTOTAL | 13 | | SUBTOTAL | 13 | |
| FRESHMAN SUMMER | | | | | |
| Creativity and Cultural Expression Literature | 3 | TBC | Creativity and Cultural Expression | 3 | TBC; one must come from Discovery |
| SUBTOTAL | 3 | | SUBTOTAL | 3 | |
| SOPHOMORE FALL | | | SOPHOMORE SPRING | | |
| SOC 2980 (required) | 1 | | SOC guided elective (required) | 3 | See list |
| SOC 3040 (required) | 3 | Must earn C or higher | SOC 3050 (required) | 4 | Must earn C or higher |
| SOC 4050 (required) | 3 | | History and Civic Learning | 3 | TBC; one must come from Discovery |
| Non-Written Communication | 3 | TBC | SOC 4100 (required) | 3 | |
| History and Civic Learning | 3 | TBC; one must come from Discovery | | | |
| SUBTOTAL | 13 | | SUBTOTAL | 13 | |
| SOPHOMORE SUMMER | | | | | |
| Human Society and Social Relationships | 3 | TBC; one must come from Discovery; ANTH 2010 rec. | Minor course | 3 | |
| SUBTOTAL | 3 | | SUBTOTAL | 3 | |
| JUNIOR FALL | | | JUNIOR SPRING | | |
| SOC 3060 (required) | 3 | Must earn C or higher | SOC guided elective (required) | 3 | See list |
| SOC guided elective (required) | 3 | See list | Work/Family concentration elective | 3 | |
| Work/Family concentration elective | 3 | | Work/Family concentration elective | 3 | |
| Minor course | 3 | | Minor course | 3 | |
| | | | Minor course or elective | 3 | |
| SUBTOTAL | 12 | | SUBTOTAL | 15 | |
| SENIOR FALL | | | SENIOR SPRING | | |
| Work/Family concentration course | 3 | | SOC 4980 (required) | 3 | Must earn C or higher |
| Elective | 3 | | Elective | 3 | |
| Minor course | 3 | | Elective | 3 | |
| Minor course | 3 | | Elective | 3 | |
| Elective | 3 | | Elective | 2 | |
| SUBTOTAL | 15 | | SUBTOTAL | 14 | |
| TOTAL HOURS IN PROGRAM: 120 | | | | | |