

2026–27 Human Development and Family Science Academic Map

Department of Leadership, Development, and Educational Systems
Middle Tennessee State University • Murfreesboro

**MIDDLE
TENNESSEE**
STATE UNIVERSITY.



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more information
about the
True Blue Core (TBC).

An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Written Communication	3	TBC	Information Literacy	3	TBC
Creativity and Cultural Expression	3	TBC; one must come from Discovery	Creativity and Cultural Expression	3	TBC; one must come from Discovery
Human Society and Social Relationships	3	TBC; one must come from Discovery; PSY 1410 rec.	Scientific Literacy	4	TBC; one must come from Discovery
Non-Written Communication	3	TBC	HDFS 3320 (CFLE course)*	3	Must earn C- or higher
HSC 1010	1		Quantitative Literacy	3	TBC; MATH 1010 rec.
Elective	1				
SUBTOTAL	14		SUBTOTAL	16	
SOPHOMORE FALL			SOPHOMORE SPRING		
Creativity and Cultural Expression Literature	3	TBC	Scientific Literacy	4	TBC; one must come from Discovery
HDFS 2100 (CFLE course)*	3	TBC; Major; Must earn C- or higher	ECE 3310 (CFLE course)*	3	Must earn C- or higher
History and Civic Learning	3	TBC; one must come from Discovery	Human Society and Social Relationships/Elective	3	TBC; one must come from Discovery
NFS 1240	3	TBC; Major	ECON 2110, FIN 2010, or HSC 4410 (CFLE course)*	3	Must earn C- or higher
			Elective	3	
SUBTOTAL	12		SUBTOTAL	16	
JUNIOR FALL			JUNIOR SPRING		
History and Civic Learning	3	TBC; one must come from Discovery	PSY 4600 or HLTH 4360 (CFLE courses)*	3	Must earn C- or higher
HDFS 4310 (CFLE course)*	3	Must earn C- or higher	HDFS 4140 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 3320 or SOC 2500
HDFS 4340 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 3320	HDFS 4350 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 3320 or PSY 4190
HDFS 4390 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 3320	HDFS 4391 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 4390
Elective	3		Elective	3	File UD form
SUBTOTAL	15		SUBTOTAL	15	File Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HDFS 4710 (CFLE course)*	3	Offered fall/summer only; Must earn C- or higher; prereq: HDFS 3320	HDFS 4790 (CFLE course)*	3	Prereqs: HDFS 3310, 3320, 3390, 4310, 4340, 4350, 4390, 4710 with C- or higher
HDFS 3390 (CFLE course)*	6	Offered fall only; Must earn C- or higher; junior standing; POD	HSC 4101 (CFLE course)*	6	2.25 GPA required
Choose 1: HDFS 3300, 4391*, 4400; NFS 4210, 4251	3–4	HDFS 4391 CFLE (Must earn C- or higher); prereq: HDFS 3300 POD	Elective	3	
HDFS 4740	3		Elective	0–1	
HSC 4000	1		Elective	3	
SUBTOTAL	16–17		SUBTOTAL	15–16	
*NOTE: Must earn C- or higher for the Certified Family Life Educator (CFLE) certification					
TOTAL HOURS IN PROGRAM: 120					

Human Development and Family Science

Suggested Fall/Spring/Summer Four-Year Schedule

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years. Refer to www.mtsu.edu/financial-aid/scholarships/ for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Written Communication	3	TBC	Information Literacy	3	TBC
Creativity and Cultural Expression	3	TBC; one must come from Discovery	Scientific Literacy	4	TBC; one must come from Discovery
Human Society and Social Relationships	3	TBC; one must come from Discovery; PSY 1410 rec.	HDFS 3320 (CFLE course)*	3	Must earn C- or higher
Non-Written Communication	3	TBC	Quantitative Literacy	3	TBC; MATH 1010 rec.
HSC 1010	1				
Elective	1				
SUBTOTAL	14		SUBTOTAL	13	
FRESHMAN SUMMER					
NFS 1240	3	TBC; Major	Creativity and Cultural Expression	3	TBC; one must come from Discovery
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
Creativity and Cultural Expression Literature	3	TBC	Scientific Literacy	4	TBC; one must come from Discovery
HDFS 2100	3	TBC; Major; Must earn C- or higher	ECE 3310 (CFLE course)*	3	Must earn C- or higher
History and Civic Learning	3	TBC; one must come from Discovery	Human Society and Social Relationships/Elective	3	TBC; one must come from Discovery
Elective	3		ECON 2110, FIN 2010, or HSC 4410 (CFLE course)*	3	Must earn C- or higher
			Elective	3	
SUBTOTAL	12		SUBTOTAL	16	
SOPHOMORE SUMMER					
Elective	3		Elective	3	
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
History and Civic Learning	3	TBC; one must come from Discovery	PSY 4600 or HLTH 4360 (CFLE courses)*	3	Must earn C- or higher
HDFS 4310 (CFLE course)*	3	Must earn C- or higher	HDFS 4140 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 3320 or SOC 2500
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HDFS 4390 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 3320	HDFS 4391 (CFLE course)*	3	Must earn C- or higher; prereq: HDFS 4390
SUBTOTAL	12		SUBTOTAL	12	File UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HDFS 4710 (CFLE course)*	3	Offered fall/summer only; Must earn C- or higher; prereq: HDFS 3320	HDFS 4790 (CFLE course)*	3	Prereqs: HDFS 3310, 3320, 3390, 4310, 4340, 4350, 4390, 4710 with C- or higher
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Choose 1: HDFS 3300, 4391*, 4400; NFS 4210, 4251	3-4	HDFS 4391 CFLE (Must earn C- or higher); prereq: HDFS 3300 POD	Elective	3	
HDFS 4740	3		Elective	0-1	
HSC 4000	1				
SUBTOTAL	16-17		SUBTOTAL	12-13	
*NOTE: Must earn C- or higher for the Certified Family Life Educator (CFLE) certification					
TOTAL HOURS IN PROGRAM: 120					