

2025–26 Physical Education–Sport Pedagogy Academic Map

MTSU Department of Health and Human Performance Middle Tennessee State University • Murfreesboro

An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*



Scan the QR code or [click here](#) for more information about the True Blue Core (TBC).

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Written Communication	3	TBC	Information Literacy	3	TBC
Creativity and Cultural Expression	3	TBC; one must come from Discovery	Creativity and Cultural Expression	3	TBC; one must come from Discovery
Human Society and Social Relationships	3	TBC; one must come from Discovery; HLTH 1530/1531 rec.	PHED 2800	2	
History and Civic Learning	3	TBC; one must come from Discovery	Scientific Literacy	4	TBC; one must come from Discovery
HLTH 3300 or PHED 3300	3	Or approved First Aid/CPR competency	History and Civic Learning	3	TBC; one must come from Discovery
SUBTOTAL	15		SUBTOTAL	15	
SOPHOMORE FALL			SOPHOMORE SPRING		
Creativity and Cultural Expression Literature	3	TBC	Scientific Literacy	4	TBC; one must come from Discovery
Non-Written Communication	3	TBC	PHED 4910	3	
Quantitative Literacy	3	TBC; Statistics rec.	PHED 4930	3	
Human Society and Social Relationships	3	TBC; one must come from Discovery	PHED 3430	3	
PHED 3930	2		Minor	3	
PHED 3720	3		SUBTOTAL	16	
SUBTOTAL	17				
JUNIOR FALL			JUNIOR SPRING		
PHED 3900	3		PHED 4000/4001	4	
PHED 4400	3		Sports Pedagogy elective	3	
PHED 4940	2		ATHC 3810	3	
PHED 4470	2		Minor	3	
Sports Pedagogy elective	3		Minor	3	
SUBTOTAL	13		SUBTOTAL	16	
SENIOR FALL			SENIOR SPRING		
Minor	3		PHED 4250	6	
Minor	3		Minor/elective	3	
LSTS 4110	3		Elective	3	
Sports Pedagogy elective	3		Elective	3	
Elective	1				
SUBTOTAL	13		SUBTOTAL	15	
TOTAL HOURS IN PROGRAM: 120					

Physical Education–Sport Pedagogy

Suggested Fall/Spring/Summer Four-Year Schedule

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years. Refer to www.mtsu.edu/financial-aid/scholarships/ for information regarding use of the Lottery Scholarship for the summer term.

NOTE: Learning Support courses will alter the sequences on this map.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Written Communication	3	TBC	Information Literacy	3	TBC
Creativity and Cultural Expression	3	TBC; one must come from Discovery	Creativity and Cultural Expression	3	TBC; one must come from Discovery
Human Society and Social Relationships	3	TBC; one must come from Discovery; HLTH 1530/1531 rec.	PHED 2800	2	
History and Civic Learning	3	TBC; one must come from Discovery	Scientific Literacy	4	TBC; one must come from Discovery
SUBTOTAL	12		SUBTOTAL	12	
FRESHMAN SUMMER					
HLTH 3300 or PHED 3300	3	Or approved First Aid/CPR competency	History and Civic Learning	3	TBC; one must come from Discovery
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
Creativity and Cultural Expression Literature	3	TBC; one must come from Discovery	Scientific Literacy	4	TBC; one must come from Discovery
Non-Written Communication	3	TBC	PHED 4910	3	
Quantitative Literacy	3	TBC; Statistics rec.	PHED 4930	3	
PHED 3930	2		PHED 3430	3	
PHED 3720	3		SUBTOTAL	13	
SUBTOTAL	14				
SOPHOMORE SUMMER					
Human Society and Social Relationships	3	TBC; one must come from Discovery	Minor	3	
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
PHED 3900	3		PHED 4000/4001	4	
PHED 4400	3		Sports Pedagogy elective	3	
PHED 4940	2		ATHC 3810	3	
PHED 4470	2		Minor	3	
Sports Pedagogy elective	3		Minor	3	
SUBTOTAL	13		SUBTOTAL	16	
SENIOR FALL			SENIOR SPRING		
Minor	3		PHED 4250	6	
Minor	3		Minor/elective	3	
LSTS 4110	3		Elective	3	
Sports Pedagogy elective	3		Elective	3	
Elective	1				
SUBTOTAL	13		SUBTOTAL	15	
TOTAL HOURS IN PROGRAM: 120					