

2024–25 Nutrition and Food Science–Dietetics Academic Map

Department of Human Sciences

Middle Tennessee State University • Murfreesboro

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An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*



Scan the QR code or [click here](#) for more information about the new True Blue Core (TBC).

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Written Communication	3	TBC	Information Literacy	3	TBC
CHEM 1010/1011 or CHEM 1110/1111	4	TBC; Major	CHEM 1020/1021 or CHEM 1120/1121	4	
SOC 1010	3	TBC; Major	Creativity and Cultural Expression/Elective	3	TBC; one must come from Discovery
NFS 2220 (Prereq. with B or better for NFS 4275 and 4300)	3	TBC; Major; Prereq.: C or better for NFS 3260, 3280, and 4270	NFS 1010 (EXL; Spring only) (Prereq. with B or better for NFS 4010)	2	
Creativity and Cultural Expression	3	TBC; one must come from Discovery	BIOL 2010/2011	4	TBC; Major; Must earn C or better
SUBTOTAL	16		SUBTOTAL	16	
SOPHOMORE FALL			SOPHOMORE SPRING		
Non-Written Communication	3	TBC	History and Civic Learning	3	TBC; one must come from Discovery
BIOL 2020/2021 (Prereq. with B or better for NFS 4300)	4	Prereq. with C or better for NFS 4270	BIOL 2230/2231 (Prereq. with B or better for NFS 3400)	4	
MATH 1530 (Prereq. with B or better for NFS 4285)	3	TBC; Major	Human Society and Social Relationships/Elective	3	TBC; one must come from Discovery
NFS 2100	3	TBC; Major	Creativity and Cultural Expression Literature	3	TBC
History and Civic Learning	3	TBC; one must come from Discovery	NFS guided upper-division elective	3	
SUBTOTAL	16		SUBTOTAL	16	
JUNIOR FALL			JUNIOR SPRING		
NFS 3200/01 (EXL; Fall Only) (Prereq. with B or better for NFS 3400 and NFS 4320)	3	Prereq. for NFS 4240	NFS 3400 (Spring only) (Prereq. with B or better for NFS 4320)	1	
NFS 3260	3		NFS 4240/4241 (EXL; Spring only)	3	
NFS 3280	3		NFS 4271 (Spring only) (Prereq. with B or better for NFS 4300)	4	
NFS 4270 (Fall only) (Prereq. with B or better for NFS 4275)	3	Prereq. with C or better for NFS 4271	NFS 4275 (Spring only) (Prereq. with B or better for NFS 4300)	3	
CHEM 2030/2031	4		CHEM 3570	3	
SUBTOTAL	16	2.00 GPA required for graduation	SUBTOTAL	14	Submit Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
NFS 4010 (Fall only) (Prereq. with B or better for NFS 4020)	2		NFS 4020 (EXL; Spring only)	3	
NFS 4285 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	2		NFS 4305 (EXL; Spring only)	3	
NFS 4300 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	4		NFS 4310 (EXL; Spring only)	4	
NFS 4320 (EXL; Fall only) (Prereq. with B or better for NFS 4322)	4		NFS 4322 (EXL; Spring only)	4	
SUBTOTAL	12		SUBTOTAL	14	
TOTAL HOURS IN PROGRAM: 120					

Nutrition and Food Science–Dietetics

Suggested Fall/Spring/Summer Four-Year Schedule

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years. Refer to www.mtsu.edu/financial-aid/scholarships/ for information regarding use of the Lottery Scholarship for the summer term.

NOTE: Learning Support courses will alter the sequences on this map.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Written Communication	3	TBC	Information Literacy	3	TBC
CHEM 1010/1011 or CHEM 1110/1111	4	TBC; Major	CHEM 1020/1021 or CHEM 1120/1121	4	
NFS 2220 (Prereq. with B or better for NFS 4275 and 4300)	3	Prereq. with C or better for NFS 3260, 3280, and 4270	NFS 1010 (EXL; Spring only) (Prereq. with B or better for NFS 4010)	2	TBC; one must come from Discovery
Creativity and Cultural Expression	3	TBC; one must come from Discovery	BIOL 2010/2011	4	TBC; Major; Must earn C or better
SUBTOTAL	13		SUBTOTAL	13	
FRESHMAN SUMMER					
SOC 1010	3	TBC; Major	History and Civic Learning	3	TBC; one must come from Discovery
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
Non-Written Communication	3	TBC	Creativity and Cultural Expression/Elective	3	
BIOL 2020/2021 (Prereq. with B or better for NFS 4300)	4	Prereq. with C or better for NFS 4270	BIOL 2230/2231 (Prereq. with B or better for NFS 3400)	4	
MATH 1530 (Prereq. with B or better for NFS 4285)	3	TBC; Major	Creativity and Cultural Expression Literature	3	TBC
NFS 2100	3	TBC; Major	NFS guided upper-division elective	3	
SUBTOTAL	16		SUBTOTAL	16	
SOPHOMORE SUMMER					
History and Civic Learning	3	TBC; one must come from Discovery	Human Society and Social Relationships	3	TBC; one must come from Discovery; PSY 1410 rec.
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
NFS 3200/01 (EXL; Fall Only) (Prereq. with B or better for NFS 3400 and NFS 4320)	3	Prereq. for NFS 4240	NFS 3400 (Spring only) (Prereq. with B or better for NFS 4320)	1	
NFS 3260	3		NFS 4240/4241 (EXL; Spring only)	3	
NFS 3280	3		NFS 4271 (Spring only) (Prereq. with B or better for NFS 4300)	4	
NFS 4270 (Fall only) (Prereq. with B or better for NFS 4275)	3	Prereq. with C or better for NFS 4271	NFS 4275 (Spring only) (Prereq. with B or better for NFS 4300)	3	
CHEM 2030/2031	4		CHEM 3570	3	
SUBTOTAL	16	2.00 GPA required for graduation	SUBTOTAL	14	Submit Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
NFS 4010 (Fall only) (Prereq. with B or better for NFS 4020)	2		NFS 4020 (EXL; Spring only)	3	
NFS 4285 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	2		NFS 4305 (EXL; Spring only)	3	
NFS 4300 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	4		NFS 4310 (EXL; Spring only)	4	
NFS 4320 (EXL; Fall only) (Prereq. with B or better for NFS 4322)	4		NFS 4322 (EXL; Spring only)	4	
SUBTOTAL	12		SUBTOTAL	14	
TOTAL HOURS IN PROGRAM: 120					