

# 2023–24 Nutrition and Food Science–Dietetics Academic Map

Department of Human Sciences

Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

**This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements.** Also see the current undergraduate catalog ([catalog.mtsu.edu](http://catalog.mtsu.edu)) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoke d; contact the department and/or program area for current information.*

**You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.**

## Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3	Must earn C- or higher	ENGL 1020 (Comm)	3	Must earn C- or higher
CHEM 1010/1011 or CHEM 1110/1111 (Nat Sci)	4		CHEM 1020/1021 or CHEM 1120/1121	4	
SOC 1010 (Soc/Beh Sci)	3		HIST 2010, 2020, 2030, 2040, or 2050	3	
Hum/FA (Rubric 1)	3	See General Education course listings	NFS 2220 (Prereq. with B or better for NFS 4275 and 4300)	3	Prereq. with C or better for NFS 3260, 3280, and 4270
Hum/FA (Rubric 2)	3		BIOL 2010/2011 (Nat Sci)	4	Must earn C or better
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>17</b>	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 1010 (EXL; Spring only) (Prereq. with B or better for NFS 4010)	2	
BIOL 2020/2021 (Prereq. with B or better for NFS 4300)	4	Prereq. with C or better for NFS 4270	BIOL 2230/2231 (Prereq. with B or better for NFS 3400)	4	
MATH 1530 (Math) (Prereq. with B or better for NFS 4285)	3		Soc/Beh Sci	3	PSY 1410 rec.
NFS 3100	3		ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
HIST 2010, 2020, 2030, 2040, or 2050	3		NFS guided upper-division elective	3	
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>15</b>	
JUNIOR FALL			JUNIOR SPRING		
NFS 3200/01 (EXL; Fall Only) (Prereq. with B or better for NFS 3400 and NFS 4320)	3	Prereq. for NFS 4240	NFS 3400 (Spring only) (Prereq. with B or better for NFS 4320)	1	
NFS 3260	3		NFS 4240/4241 (EXL; Spring only)	3	
NFS 3280	3		NFS 4271 (Spring only) (Prereq. with B or better for NFS 4300)	3	
NFS 4270 (Fall only) (Prereq. with B or better for NFS 4275)	3	Prereq. with C or better for NFS 4271	NFS 4275 (Spring only) (Prereq. with B or better for NFS 4300)	4	
CHEM 2030/2031	4		CHEM 3570 (Prereq with B or better for NFS 4300)	3	
<b>SUBTOTAL</b>	<b>16</b>	2.00 GPA required for graduation	<b>SUBTOTAL</b>	<b>14</b>	Submit Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
NFS 4010 (Fall only) (Prereq. with B or better for NFS 4020)	2		NFS 4020 (EXL; Spring only)	3	
NFS 4285 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	2		NFS 4305 (EXL; Spring only)	3	
NFS 4300 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	4		NFS 4310 (EXL; Spring only)	4	
NFS 4320 (EXL; Fall only) (Prereq. with B or better for NFS 4322)	4		NFS 4322 (EXL; Spring only)	4	
<b>SUBTOTAL</b>	<b>12</b>		<b>SUBTOTAL</b>	<b>14</b>	
<b>TOTAL HOURS IN PROGRAM: 120</b>					

# Nutrition and Food Science–Dietetics

## Suggested Fall/Spring/Summer Four-Year Schedule

Refer to [www.mtsu.edu/financial-aid/scholarships](http://www.mtsu.edu/financial-aid/scholarships) for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3	Must earn C- or higher	ENGL 1020 (Comm)	3	Must earn C- or higher
CHEM 1010/1011 or CHEM 1110/1111 (Nat Sci)	4		CHEM 1020/1021 or CHEM 1120/1121	4	
Hum/FA (Rubric 1)	3	See General Education course listings	NFS 2220 (Prereq. with B or better for NFS 4275 and 4300)	3	Prereq. with C or better for NFS 3260, 3280, and 4270
Hum/FA (Rubric 2)	3		BIOL 2010/2011 (Nat Sci)	4	Must earn C or better
<b>SUBTOTAL</b>	<b>13</b>		<b>SUBTOTAL</b>	<b>14</b>	
FRESHMAN SUMMER					
SOC 1010 (Soc/Beh Sci)	3		HIST 2010, 2020, 2030, 2040, or 2050	3	See Gen. Ed. listings
<b>SUBTOTAL</b>	<b>3</b>		<b>SUBTOTAL</b>	<b>3</b>	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 1010 (EXL; Spring only) (Prereq. with B or better for NFS 4010)	2	
BIOL 2020/2021 (Prereq. with B or better for NFS 4300)	4	Prereq. with C or better for NFS 4270	BIOL 2230/2231 (Prereq. with B or better for NFS 3400)	4	
MATH 1530 (Math) (Prereq. with B or better for NFS 4285)	3		ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
NFS 3100	3		NFS guided upper-division elective	3	
<b>SUBTOTAL</b>	<b>13</b>		<b>SUBTOTAL</b>	<b>12</b>	
SOPHOMORE SUMMER					
HIST 2010, 2020, 2030, 2040, or 2050	3		Soc/Beh Sci	3	PSY 1410 rec.
<b>SUBTOTAL</b>	<b>3</b>		<b>SUBTOTAL</b>	<b>3</b>	
JUNIOR FALL			JUNIOR SPRING		
NFS 3200/01 (EXL; Fall Only) (Prereq. with B or better for NFS 3400 and NFS 4320)	3	Prereq. for NFS 4240	NFS 3400 (Spring only) (Prereq. with B or better for NFS 4320)	1	
NFS 3260	3		NFS 4240/4241 (EXL; Spring only)	3	
NFS 3280	3		NFS 4271 (Spring only) (Prereq. with B or better for NFS 4300)	3	
NFS 4270 (Fall only) (Prereq. with B or better for NFS 4275)	3	Prereq. with C or better for NFS 4271	NFS 4275 (Spring only) (Prereq. with B or better for NFS 4300)	4	
CHEM 2030/2031	4		CHEM 3570 (Prereq with B or better for NFS 4300)	3	
<b>SUBTOTAL</b>	<b>16</b>	2.00 GPA required for graduation	<b>SUBTOTAL</b>	<b>14</b>	Submit Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
NFS 4010 (Fall only) (Prereq. with B or better for NFS 4020)	2		NFS 4020 (EXL; Spring only)	3	
NFS 4285 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	2		NFS 4305 (EXL; Spring only)	3	
NFS 4300 (EXL; Fall only) (Prereq. with B or better for NFS 4310)	4		NFS 4310 (EXL; Spring only)	4	
NFS 4320 (EXL; Fall only) (Prereq. with B or better for NFS 4322)	4		NFS 4322 (EXL; Spring only)	4	
<b>SUBTOTAL</b>	<b>12</b>		<b>SUBTOTAL</b>	<b>14</b>	
<b>TOTAL HOURS IN PROGRAM: 120</b>					