

2023–24 Physical Education Academic Map

Department of Health and Human Performance

Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
Hum/FA (Rubric 1)	3		Hum/FA (Rubric 2)	3	
Soc/Beh Sci (Rubric 1)	3	HLTH 1530/1531 rec.	PHED 2800	2	
HIST 2010, 2020, 2030, 2040, or 2050	3		Nat Sci (Rubric 1)	4	
HLTH 3300 or PHED 3300	3	Or approved First Aid/ CPR competency	HIST 2010, 2020, 2030, 2040, or 2050	3	
SUBTOTAL	15		SUBTOTAL	15	
SOPHOMORE FALL			SOPHOMORE SPRING		
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		Nat Sci (Rubric 2)	4	
COMM 2200 (Comm)	3		PHED 4910	3	
MATH (Math)	3	Statistics rec.	PHED 4930	3	
Soc/Beh Sci (Rubric 2)	3		PHED 3430	3	
PHED 3930	2		YOED 2500	3	Sec. Ed. Minor
PHED 3720	3				
SUBTOTAL	17		SUBTOTAL	16	
NOTE: Take Core Academic Exam in Fall Semester if ACT below 22; submit application to Teacher Education through Womack Educational Leadership Office.					
JUNIOR FALL			JUNIOR SPRING		
PHED 3900	3		PHED 4000/4001	4	
PHED 4400	3		PHED 4710	3	
PHED 4940	2		PHED 4780	3	
PHED 4470	2		YOED 3300	3	Sec. Ed. Minor
YOED 3000	3	Sec. Ed. Minor			
SUBTOTAL	13		SUBTOTAL	13	
SENIOR FALL			SENIOR SPRING		
PHED 4800/4801	6		YOED 4400	12	Professional semester—must complete for teacher licensure
PHED 4900/4901	6		PHED 4990	1	
YOED 4020	6	Sec. Ed. Minor			
SUBTOTAL	18		SUBTOTAL	13	
TOTAL HOURS IN PROGRAM: 120					

Physical Education Suggested Fall/Spring/Summer Four-Year Schedule

Refer to www.mtsu.edu/financial-aid/scholarships for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
HIST 2010, 2020, 2030, 2040, or 2050	3		Hum/FA (Rubric 2)	3	
Hum/FA (Rubric 1)	3		PHED 2800	2	
Soc/Beh Sci (Rubric 1)	3	HLTH 1530/1531 rec.	Nat Sci (Rubric 1)	4	
SUBTOTAL	12		SUBTOTAL	12	
FRESHMAN SUMMER					
HLTH 3300 or PHED 3300	3	Or approved First Aid/CPR competency	HIST 2010, 2020, 2030, 2040, or 2050	3	
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		Nat Sci (Rubric 2)	4	
COMM 2200	3		PHED 3430	3	
MATH (Math)	3	Statistics rec.	PHED 4910	3	
PHED 3930	2		PHED 4930	3	
PHED 3720	3				
SUBTOTAL	14		SUBTOTAL	13	
NOTE: Take Core Academic Exam in Fall Semester if ACT below 22; submit application to Secondary Education through Womack Educational Leadership Office.					
SOPHOMORE SUMMER					
Soc/Beh Sci (Rubric 2)	3		YOED 2500	3	
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
PHED 3900	3		PHED 4000/4001	4	
PHED 4400	3		PHED 4710	3	
PHED 4940	2		PHED 4780	3	
PHED 4470	2		YOED 3300	3	Sec. Ed. Minor
YOED 3000	3	Sec. Ed. Minor			
SUBTOTAL	13		SUBTOTAL	13	
SENIOR FALL			SENIOR SPRING		
PHED 4800/4801	6		YOED 4400	12	Professional semester—must complete for teacher licensure
PHED 4900/4901	6		PHED 4990	1	
YOED 4020	6	Sec. Ed. Minor			
SUBTOTAL	18		SUBTOTAL	13	
TOTAL HOURS IN PROGRAM: 120					