

# 2023–24 Nutrition and Food Science Academic Map

## Department of Human Sciences

### Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

**This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements.** Also see the current undergraduate catalog ([catalog.mtsu.edu](http://catalog.mtsu.edu)) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

**You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.**

## Suggested Fall/Spring Four-Year Schedule

| FRESHMAN FALL   |           |  | FRESHMAN SPRING                            |           |  |
|---|-----------|--|--|-----------|--|
| Course  | Hours     | Milestones/Notes                         | Course                                     | Hours     | Milestones/Notes                       |
| ENGL 1010 (Comm)  | 3         |  | ENGL 1020 (Comm)                           | 3         |  |
| CHEM 1010/1011, CHEM 1030/1031, or CHEM 1110/1111 (Nat Sci) | 4         |  | BIOL 2010/2011 (Nat Sci)                   | 4         | Must earn C or higher                  |
| SOC 1010 (Soc/Beh Sci)                                      | 3         | recommended                              | NFS 2220                                   | 3         | Must earn C or higher                  |
| Hum/FA (Rubric 1)   | 3         |  | Hum/FA (Rubric 2)                          | 3         |  |
| HSC 1010  | 1         |  | Soc/Beh Sci                                | 3         | Other than SOC                         |
| <b>SUBTOTAL</b>   | <b>14</b> |  | <b>SUBTOTAL</b>                            | <b>16</b> |  |
| SOPHOMORE FALL  |           |  | SOPHOMORE SPRING                           |           |  |
| COMM 2200 (Comm)  | 3         |  | NFS 3260                                   | 3         |  |
| Elective  | 3         |  | BIOL 2020/2021                             | 4         | Must earn C or higher                  |
| NFS 3200/3201   | 3         | Offered fall only; must earn B or higher | ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA) | 3         |  |
| MATH 1010 (Math)  | 3         | recommended                              | HIST 2010, 2020, 2030, 2040, or 2050       | 3         |  |
| HIST 2010, 2020, 2030, 2040, or 2050                        | 3         |  | NFS 3280                                   | 3         |  |
| Elective  | 1         |  |  |           |  |
| <b>SUBTOTAL</b>   | <b>16</b> |  | <b>SUBTOTAL</b>                            | <b>16</b> |  |
| JUNIOR FALL   |           |  | JUNIOR SPRING                              |           |  |
| NFS 4210  | 3         |  | NFS 4250                                   | 3         |  |
| CDFS 3320   | 3         |  | NFS 4240                                   | 3         | Offered spring only                    |
| Elective  | 3         |  | NFS 3100                                   | 3         |  |
| NFS 4270  | 3         | Offered fall only; must earn C or higher | Elective                                   | 3         |  |
| NFS 4260  | 3         |  | HSC 4410                                   | 3         |  |
|   |           |  | Elective                                   | 3         |  |
| <b>SUBTOTAL</b>   | <b>15</b> | 2.00 GPA required for graduation         | <b>SUBTOTAL</b>                            | <b>18</b> | Submit UD and Intent to Graduate forms |
| SENIOR FALL   |           |  | SENIOR SPRING                              |           |  |
| HSC 4000  | 1         |  | Elective                                   | 3         |  |
| Elective course   | 3         |  | Elective                                   | 3         |  |
| Major elective  | 6         | See catalog                              | Major elective                             | 6         | See catalog                            |
| Major elective  | 3         | See catalog                              |  |           |  |
| <b>SUBTOTAL</b>   | <b>13</b> |  | <b>SUBTOTAL</b>                            | <b>12</b> |  |
| <b>TOTAL HOURS IN PROGRAM: 120</b>                          |           |  |  |           |  |

# Nutrition and Food Science Suggested Fall/Spring/Summer Four-Year Schedule

Refer to [www.mtsu.edu/financial-aid/scholarships](http://www.mtsu.edu/financial-aid/scholarships) for information regarding use of the Lottery Scholarship for the summer term.

| FRESHMAN FALL   |           |  | FRESHMAN SPRING                            |           |  |
|---|-----------|--|--|-----------|--|
| Course  | Hours     | Milestones/Notes                         | Course                                     | Hours     | Milestones/Notes                       |
| ENGL 1010 (Comm)  | 3         |  | ENGL 1020 (Comm)                           | 3         |  |
| CHEM 1010/1011, CHEM 1030/1031, or CHEM 1110/1111 (Nat Sci) | 4         |  | BIOL 2010/2011 (Nat Sci)                   | 4         | Must earn C or higher                  |
| SOC 1010 (Soc/Beh Sci)                                      | 3         | recommended                              | NFS 2220                                   | 3         | Must earn C of higher                  |
| Hum/FA (Rubric 1)   | 3         |  | Hum/FA (Rubric 2)                          | 3         |  |
| HSC 1010  | 1         |  |  |           |  |
| <b>SUBTOTAL</b>   | <b>14</b> |  | <b>SUBTOTAL</b>                            | <b>13</b> |  |
| FRESHMAN SUMMER   |           |  |  |           |  |
| Elective  | 3         |  | Soc/Beh Sci                                | 3         | Other than SOC                         |
| <b>SUBTOTAL</b>   | <b>3</b>  |  | <b>SUBTOTAL</b>                            | <b>3</b>  |  |
| SOPHOMORE FALL  |           |  | SOPHOMORE SPRING                           |           |  |
| COMM 2200 (Comm)  | 3         |  | NFS 3260                                   | 3         |  |
| NFS 3200/3201   | 3         | Offered fall only; must earn B or higher | BIOL 2020/2021                             | 4         | Must earn C or higher                  |
| MATH 1010 (Math)  | 3         | recommended                              | ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA) | 3         |  |
| HIST 2010, 2020, 2030, 2040, or 2050                        | 3         |  | NFS 3280                                   | 3         |  |
| Elective  | 1         |  |  |           |  |
| <b>SUBTOTAL</b>   | <b>13</b> |  | <b>SUBTOTAL</b>                            | <b>13</b> |  |
| SOPHOMORE SUMMER  |           |  |  |           |  |
| HIST 2010, 2020, 2030, 2040, or 2050                        | 3         |  | Elective                                   | 3         |  |
| <b>SUBTOTAL</b>   | <b>3</b>  |  | <b>SUBTOTAL</b>                            | <b>3</b>  |  |
| JUNIOR FALL   |           |  | JUNIOR SPRING                              |           |  |
| NFS 4210  | 3         |  | NFS 4250                                   | 3         |  |
| CDFS 3320   | 3         |  | NFS 4240                                   | 3         | Offered spring only                    |
| Elective  | 3         |  | NFS 3100                                   | 3         |  |
| NFS 4270  | 3         | Offered fall only; must earn C or higher | HSC 4410                                   | 3         |  |
| NFS 4260  | 3         |  | Elective                                   | 3         |  |
| <b>SUBTOTAL</b>   | <b>15</b> | 2.00 GPA required for graduation         | <b>SUBTOTAL</b>                            | <b>15</b> | Submit UD and Intent to Graduate forms |
| SENIOR FALL   |           |  | SENIOR SPRING                              |           |  |
| HSC 4000  | 1         |  | Elective                                   | 3         |  |
| Elective  | 3         |  | Elective                                   | 3         |  |
| Major elective  | 6         | See catalog                              | Major elective                             | 6         | See catalog                            |
| Major elective  | 3         |  |  |           |  |
| <b>SUBTOTAL</b>   | <b>13</b> |  | <b>SUBTOTAL</b>                            | <b>12</b> |  |
| TOTAL HOURS IN PROGRAM: 120                                 |           |  |  |           |  |