

# 2022–23 Nutrition and Food Science Academic Map

Department of Human Sciences

Middle Tennessee State University • Murfreesboro

**MIDDLE  
TENNESSEE**

STATE UNIVERSITY.

An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

**This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements.** Also see the current undergraduate catalog ([catalog.mtsu.edu](http://catalog.mtsu.edu)) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

**You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.**

## Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
CHEM 1010/1011, CHEM 1030/1031, or CHEM 1110/1111 (Nat Sci)	4		BIOL 2010/2011 (Nat Sci)	4	Must earn C or higher
SOC 1010 (Soc/Beh Sci)	3	recommended	NFS 2220	3	Must earn C of higher
Hum/FA (Rubric 1)	3		Hum/FA (Rubric 2)	3	
HSC 1010	1		Soc/Beh Sci	3	Other than SOC
<b>SUBTOTAL</b>	<b>14</b>		<b>SUBTOTAL</b>	<b>16</b>	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 3260	3	
Elective	3		BIOL 2020/2021	4	Must earn C or higher
NFS 3200/3201	3	Offered fall only; must earn B or higher	ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
MATH 1010 (Math)	3	recommended	HIST 2010, 2020, 2030, 2040, or 2050	3	
HIST 2010, 2020, 2030, 2040, or 2050	3		NFS 3280	3	
Elective	1				
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>16</b>	
JUNIOR FALL			JUNIOR SPRING		
NFS 4210	3		NFS 4250	3	
CDFS 3320	3		NFS 4240	3	Offered spring only
Elective	3		NFS 3100	3	
NFS 4270	3	Offered fall only; must earn C or higher	Elective	3	
NFS 4260	3		HSC 4410	3	
			Elective	3	
<b>SUBTOTAL</b>	<b>15</b>	2.00 GPA required for graduation	<b>SUBTOTAL</b>	<b>18</b>	Submit UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HSC 4000	1		Elective	3	
Elective course	3		Elective	3	
Major elective	6	See catalog	Major elective	6	See catalog
Major elective	3	See catalog			
<b>SUBTOTAL</b>	<b>13</b>		<b>SUBTOTAL</b>	<b>12</b>	
<b>TOTAL HOURS IN PROGRAM: 120</b>					

# Nutrition and Food Science Suggested Fall/Spring/Summer Four-Year Schedule

Refer to [www.mtsu.edu/financial-aid/scholarships](http://www.mtsu.edu/financial-aid/scholarships) for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
CHEM 1010/1011, CHEM 1030/1031, or CHEM 1110/1111 (Nat Sci)	4		BIOL 2010/2011 (Nat Sci)	4	Must earn C or higher
SOC 1010 (Soc/Beh Sci)	3	recommended	NFS 2220	3	Must earn C of higher
Hum/FA (Rubric 1)	3		Hum/FA (Rubric 2)	3	
HSC 1010	1				
<b>SUBTOTAL</b>	<b>14</b>		<b>SUBTOTAL</b>	<b>13</b>	
FRESHMAN SUMMER					
Elective	3		Soc/Beh Sci	3	Other than SOC
<b>SUBTOTAL</b>	<b>3</b>		<b>SUBTOTAL</b>	<b>3</b>	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 3260	3	
NFS 3200/3201	3	Offered fall only; must earn B or higher	BIOL 2020/2021	4	Must earn C or higher
MATH 1010 (Math)	3	recommended	ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
HIST 2010, 2020, 2030, 2040, or 2050	3		NFS 3280	3	
Elective	1				
<b>SUBTOTAL</b>	<b>13</b>		<b>SUBTOTAL</b>	<b>13</b>	
SOPHOMORE SUMMER					
HIST 2010, 2020, 2030, 2040, or 2050	3		Elective	3	
<b>SUBTOTAL</b>	<b>3</b>		<b>SUBTOTAL</b>	<b>3</b>	
JUNIOR FALL			JUNIOR SPRING		
NFS 4210	3		NFS 4250	3	
CDFS 3320	3		NFS 4240	3	Offered spring only
Elective	3		NFS 3100	3	
NFS 4270	3	Offered fall only; must earn C or higher	HSC 4410	3	
NFS 4260	3		Elective	3	
<b>SUBTOTAL</b>	<b>15</b>	2.00 GPA required for graduation	<b>SUBTOTAL</b>	<b>15</b>	Submit UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HSC 4000	1		Elective	3	
Elective	3		Elective	3	
Major elective	6	See catalog	Major elective	6	See catalog
Major elective	3				
<b>SUBTOTAL</b>	<b>13</b>		<b>SUBTOTAL</b>	<b>12</b>	
<b>TOTAL HOURS IN PROGRAM: 120</b>					