

2021–22 Physical Education Academic Map

Department of Health and Human Performance

Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.

Suggested Fall/Spring Four-Year Schedule

| FRESHMAN FALL | | | FRESHMAN SPRING | | |
|--|-----------|--|--------------------------------------|-----------|---|
| Course | Hours | Milestones/Notes | Course | Hours | Milestones/Notes |
| ENGL 1010 (Comm) | 3 | | ENGL 1020 (Comm) | 3 | |
| Hum/FA (Rubric 1) | 3 | | Hum/FA (Rubric 2) | 3 | |
| Soc/Beh Sci (Rubric 1) | 3 | HLTH 1530/1531 rec. | PHED 2800 | 2 | |
| HIST 2010, 2020, 2030, 2040, or 2050 | 3 | | Nat Sci (Rubric 1) | 4 | |
| HLTH 3300 or PHED 3300 | 3 | Or approved First Aid/ CPR competency | HIST 2010, 2020, 2030, 2040, or 2050 | 3 | |
| SUBTOTAL | 15 | | SUBTOTAL | 15 | |
| SOPHOMORE FALL | | | SOPHOMORE SPRING | | |
| ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA) | 3 | | Nat Sci (Rubric 2) | 4 | |
| COMM 2200 (Comm) | 3 | | PHED 4910 | 3 | |
| MATH (Math) | 3 | Statistics rec. | PHED 4930 | 3 | |
| Soc/Beh Sci (Rubric 2) | 3 | | PHED 3430 | 3 | |
| PHED 3930 | 2 | | YOED 2500 | 3 | Sec. Ed. Minor |
| PHED 3720 | 3 | | | | |
| SUBTOTAL | 17 | | SUBTOTAL | 16 | |
| NOTE: Take Core Academic Exam in Fall Semester if ACT below 22; submit application to Teacher Education through Womack Educational Leadership Office. | | | | | |
| JUNIOR FALL | | | JUNIOR SPRING | | |
| PHED 3900 | 3 | | PHED 4000/4001 | 4 | |
| PHED 4400 | 3 | | PHED 4710 | 3 | |
| PHED 4940 | 2 | | PHED 4780 | 3 | |
| PHED 4470 | 2 | | YOED 3300 | 3 | Sec. Ed. Minor |
| YOED 3000 | 3 | Sec. Ed. Minor | | | |
| SUBTOTAL | 13 | | SUBTOTAL | 13 | |
| SENIOR FALL | | | SENIOR SPRING | | |
| PHED 4800/4801 | 6 | | YOED 4400 | 12 | Professional semester—must complete for teacher licensure |
| PHED 4900/4901 | 6 | | PHED 4990 | 1 | |
| YOED 4020 | 6 | Sec. Ed. Minor | | | |
| SUBTOTAL | 18 | | SUBTOTAL | 13 | |
| TOTAL HOURS IN PROGRAM: 120 | | | | | |

Physical Education Suggested Fall/Spring/Summer Four-Year Schedule

Refer to www.mtsu.edu/financial-aid/scholarships for information regarding use of the Lottery Scholarship for the summer term.

| FRESHMAN FALL | | | FRESHMAN SPRING | | |
|--|-----------|--------------------------------------|--------------------------------------|-----------|---|
| Course | Hours | Milestones/Notes | Course | Hours | Milestones/Notes |
| ENGL 1010 (Comm) | 3 | | ENGL 1020 (Comm) | 3 | |
| HIST 2010, 2020, 2030, 2040, or 2050 | 3 | | Hum/FA (Rubric 2) | 3 | |
| Hum/FA (Rubric 1) | 3 | | PHED 2800 | 2 | |
| Soc/Beh Sci (Rubric 1) | 3 | HLTH 1530/1531 rec. | Nat Sci (Rubric 1) | 4 | |
| SUBTOTAL | 12 | | SUBTOTAL | 12 | |
| FRESHMAN SUMMER | | | | | |
| HLTH 3300 or PHED 3300 | 3 | Or approved First Aid/CPR competency | HIST 2010, 2020, 2030, 2040, or 2050 | 3 | |
| SUBTOTAL | 3 | | SUBTOTAL | 3 | |
| SOPHOMORE FALL | | | SOPHOMORE SPRING | | |
| ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA) | 3 | | Nat Sci (Rubric 2) | 4 | |
| COMM 2200 | 3 | | PHED 3430 | 3 | |
| MATH (Math) | 3 | Statistics rec. | PHED 4910 | 3 | |
| PHED 3930 | 2 | | PHED 4930 | 3 | |
| PHED 3720 | 3 | | | | |
| SUBTOTAL | 14 | | SUBTOTAL | 13 | |
| NOTE: Take Core Academic Exam in Fall Semester if ACT below 22; submit application to Secondary Education through Womack Educational Leadership Office. | | | | | |
| SOPHOMORE SUMMER | | | | | |
| Soc/Beh Sci (Rubric 2) | 3 | | YOED 2500 | 3 | |
| SUBTOTAL | 3 | | SUBTOTAL | 3 | |
| JUNIOR FALL | | | JUNIOR SPRING | | |
| PHED 3900 | 3 | | PHED 4000/4001 | 4 | |
| PHED 4400 | 3 | | PHED 4710 | 3 | |
| PHED 4940 | 2 | | PHED 4780 | 3 | |
| PHED 4470 | 2 | | YOED 3300 | 3 | Sec. Ed. Minor |
| YOED 3000 | 3 | Sec. Ed. Minor | | | |
| SUBTOTAL | 13 | | SUBTOTAL | 13 | |
| SENIOR FALL | | | SENIOR SPRING | | |
| PHED 4800/4801 | 6 | | YOED 4400 | 12 | Professional semester—must complete for teacher licensure |
| PHED 4900/4901 | 6 | | PHED 4990 | 1 | |
| YOED 4020 | 6 | Sec. Ed. Minor | | | |
| SUBTOTAL | 18 | | SUBTOTAL | 13 | |
| TOTAL HOURS IN PROGRAM: 120 | | | | | |