

2019–20 Nutrition and Food Science Academic Map

Department of Human Sciences

Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
CHEM 1010/1011, CHEM 1030/1031, or CHEM 1110/1111 (Nat Sci)	4		BIOL 2010/2011 (Nat Sci)	4	Must earn C or higher
SOC 1010 (Soc/Beh Sci)	3	recommended	NFS 2220	3	Must earn C of higher
Hum/FA (Rubric 1)	3		Hum/FA (Rubric 2)	3	
HSC 1010	1		Soc/Beh Sci	3	Other than SOC
SUBTOTAL	14		SUBTOTAL	16	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 3260	3	
Minor	3		BIOL 2020/2021	4	Must earn C or higher
NFS 3200/3201	3	Offered fall only; must earn B or higher	ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
MATH 1010 (Math)	3	recommended	HIST 2010, HIST 2020, or HIST 2030	3	
HIST 2010, HIST 2020, or HIST 2030	3		NFS 3280	3	
Elective	1				
SUBTOTAL	16		SUBTOTAL	16	
JUNIOR FALL			JUNIOR SPRING		
NFS 4210	3		NFS 4250	3	
CDFS 3320	3		NFS 4240	3	Offered spring only
Elective	3		NFS 3100	3	
NFS 4270	3	Offered fall only; must earn C or higher	Minor course	3	
NFS 4260	3		HSC 4410	3	
			NFS 4271	3	Offered spring only
SUBTOTAL	15	2.00 GPA required for graduation	SUBTOTAL	18	Submit UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HSC 4000	1		Minor course	3	
Elective course	3		Minor course	3	
BIOL 2230/2231, CHEM 1020/1021, CHEM 1120/1121, CHEM 2030/2031, CHEM 3530/3531, HLTH 3020, NFS 4100, HSC 4102, NFS 4500, NFS 4570	6	Choose two	BIOL 2230/2231, CHEM 1020/1021, CHEM 1120/1121, CHEM 2030/2031, CHEM 3530/3531, HLTH 3020, NFS 4100, HSC 4102, NFS 4500, NFS 4570	6	Choose two
Minor	3				
SUBTOTAL	13		SUBTOTAL	12	
TOTAL HOURS IN PROGRAM: 120					

Nutrition and Food Science Suggested Fall/Spring/Summer Four-Year Schedule

Refer to www.mtsu.edu/financial-aid/scholarships for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
CHEM 1010/1011, CHEM 1030/1031, or CHEM 1110/1111 (Nat Sci)	4		BIOL 2010/2011 (Nat Sci)	4	Must earn C or higher
SOC 1010 (Soc/Beh Sci)	3	recommended	NFS 2220	3	Must earn C of higher
Hum/FA (Rubric 1)	3		Hum/FA (Rubric 2)	3	
HSC 1010	1				
SUBTOTAL	14		SUBTOTAL	13	
FRESHMAN SUMMER					
Minor	3		Soc/Beh Sci	3	Other than SOC
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 3260	3	
NFS 3200/3201	3	Offered fall only; must earn B or higher	BIOL 2020/2021	4	Must earn C or higher
MATH 1010 (Math)	3	recommended	ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
HIST 2010, HIST 2020, or HIST 2030	3		NFS 3280	3	
Elective	1				
SUBTOTAL	13		SUBTOTAL	13	
SOPHOMORE SUMMER					
HIST 2010, HIST 2020, or HIST 2030	3		Minor course	3	
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
NFS 4210	3		NFS 4250	3	
CDFS 3320	3		NFS 4240	3	Offered spring only
Elective	3		NFS 3100	3	
NFS 4270	3	Offered fall only; must earn C or higher	HSC 4410	3	
NFS 4260	3		NFS 4271	3	Offered spring only
SUBTOTAL	15	2.00 GPA required for graduation	SUBTOTAL	15	Submit UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HSC 4000	1		Minor course	3	
Elective course	3		Minor course	3	
BIOL 2230/2231, CHEM 1020/1021, CHEM 1120/1121, CHEM 2030/2031, CHEM 3530/3531, HLTH 3020, NFS 4100, HSC 4102, NFS 4500, NFS 4570	6	Choose two	BIOL 2230/2231, CHEM 1020/1021, CHEM 1120/1121, CHEM 2030/2031, CHEM 3530/3531, HLTH 3020, NFS 4100, HSC 4102, NFS 4500, NFS 4570	6	Choose two
Minor	3				
SUBTOTAL	13		SUBTOTAL	12	
TOTAL HOURS IN PROGRAM: 120					

Notes:

- 120 semester hours with at least a 2.00 grade point average; 12 of the last 18 hours must be taken at MTSU—not transferred
- 42 upper-division hours (3000-4000 level courses) with at least a 2.00 grade point average

- 30 upper-division hours must be taken at MTSU—not transferred
- 60 senior college hours (taken at a four-year college)
Any course substitution(s) must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures **before** being submitted to the graduation analyst.