

# 2019–20 Community and Public Health–Health Education and Lifetime Wellness Academic Map

## MTSU Department of Health and Human Performance



**Note: Admission is closed to this program; see advisor.**

An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

**This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements.** Also see the current undergraduate catalog ([catalog.mtsu.edu](http://catalog.mtsu.edu)) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

**You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.**

### Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		Nat Sci (Rubric 1)	4	BIOL 1030/1031 rec.; BIOL 1030/1110 prereq for BIOL 2030
COMM 2200 (Comm)	3		ENGL 1020 (Comm)	3	
Soc/Beh Sci (Rubric 1)	3	HLTH 1530/1531 rec.; Honors 1530 fall only	Hum/FA (Rubric 2)	3	
Hum/FA (Rubric 1)	3		Soc/Beh Sci (Rubric 2)	3	
HIST 2010, HIST 2020, HIST 2030	3		HLTH 3240	3	
<b>SUBTOTAL</b>	<b>15</b>		<b>SUBTOTAL</b>	<b>16</b>	
SOPHOMORE FALL			SOPHOMORE SPRING		
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		YOED 2500	3	Sed Ed. Minor
NFS 1240	3		Nat Sci (Rubric 2)	4	
HLTH 3300	3		HLTH 4300	3	
BIOL 2030/2031	3	Prereq: BIOL 1030/1031 or BIOL 1110/1111	MATH (Math)	3	
PHED 1190	1		PHED 1290	1	
HIST 2010, HIST 2020, HIST 2030	3		Lifetime area of focus	1	
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>15</b>	Apply to Teacher Education Program; see advisor.
JUNIOR FALL			JUNIOR SPRING		
HLTH 4340	3		HLTH 4260	3	
PHED 3720	3		HLTH 4360	3	
PHED 3900	3		PHED 1270	1	
PHED 3930	2		Lifetime area of focus	3	
PHED 1280	1		Lifetime area of focus	3	
YOED 3000	3	Sec. Ed. Minor	YOED 3300	3	Sec. Ed. Minor
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>16</b>	
SENIOR FALL			SENIOR SPRING		
YOED 4020	6	Sec. Ed. Minor	YOED 4400	12	Professional semester—must complete to earn state teaching license
HLTH 4400	3				
Lifetime area of focus	3				
Lifetime area of focus	3				
<b>SUBTOTAL</b>	<b>15</b>		<b>SUBTOTAL</b>	<b>12</b>	
<b>TOTAL HOURS IN PROGRAM: 120</b>					

# Community and Public Health–Health Education and Lifetime Wellness

## Suggested Fall/Spring/Summer Four-Year Schedule

Refer to [www.mtsu.edu/financial-aid/scholarships](http://www.mtsu.edu/financial-aid/scholarships) for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		Nat Sci (Rubric 1)	4	BIOL 1030/1031 rec.; BIOL 1030/1110 prereq for BIOL 2030
COMM 2200 (Comm)	3		ENGL 1020 (Comm)	3	
Soc/Beh Sci (Rubric 1)	3	HLTH 1530/1531 rec.; Honors 1530 fall only	Hum/FA (Rubric 2)	3	
HIST 2010, HIST 2020, HIST 2030	3		HLTH 3240	3	
<b>SUBTOTAL</b>	<b>12</b>		<b>SUBTOTAL</b>	<b>13</b>	
FRESHMAN SUMMER			FRESHMAN SUMMER		
Hum/FA (Rubric 1)	3		Soc/Beh Sci (Rubric 2)	3	
<b>SUBTOTAL</b>	<b>3</b>		<b>SUBTOTAL</b>	<b>3</b>	
SOPHOMORE FALL			SOPHOMORE SPRING		
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		YOED 2500	3	Sed Ed. Minor
HLTH 3300	3		HLTH 4300	3	
BIOL 2030/2031	3	Prereq: BIOL 1030/1031 or BIOL 1110/1111	Nat Sci (Rubric 2)	4	
PHED 1190	1		PHED 1290	1	
HIST 2010, HIST 2020, HIST 2030	3		Lifetime area of focus	1	
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>12</b>	Apply to Teacher Education Program; see advisor.
SOPHOMORE SUMMER			SOPHOMORE SUMMER		
NFS 1240	3		MATH (Math)	3	
<b>SUBTOTAL</b>	<b>3</b>		<b>SUBTOTAL</b>	<b>3</b>	
JUNIOR FALL			JUNIOR SPRING		
HLTH 4340	3		HLTH 4260	3	
PHED 3720	3		HLTH 4360	3	
PHED 3900	3		PHED 1270	1	
PHED 3930	2		Lifetime area of focus	3	
PHED 1280	1		Lifetime area of focus	3	
YOED 3000	3	Sec. Ed. Minor	YOED 3300	3	Sec. Ed. Minor
<b>SUBTOTAL</b>	<b>16</b>		<b>SUBTOTAL</b>	<b>16</b>	
SENIOR FALL			SENIOR SPRING		
YOED 4020	6	Sec. Ed. Minor	YOED 4400	12	Professional semester– must complete to earn state teaching license
HLTH 4400	3				
Lifetime area of focus	3				
Lifetime area of focus	3				
<b>SUBTOTAL</b>	<b>15</b>		<b>SUBTOTAL</b>	<b>12</b>	
<b>TOTAL HOURS IN PROGRAM: 120</b>					

### Notes:

- 120 semester hours with at least a 2.00 grade point average; 12 of the last 18 hours must be taken at MTSU—not transferred
- 42 upper-division hours (3000–4000 level courses) with at least a 2.00 grade point average
- 30 upper-division hours must be taken at MTSU—not transferred
- 60 senior college hours (taken at a four-year college)  
*Any course substitution(s) must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures **before** being submitted to the graduation analyst.*