2015–16 Community and Public Health–Health Education and Lifetime Wellness Academic Map

MTSU Department of Health and Human Performance

MIDDLE TENNESSEE STATE UNIVERSITY.

An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. ***Missing milestones could delay your program.***

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog **(catalog.mtsu.edu)** for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	**Hours**	**Milestones/Notes**	**Course**	**Hours**	**Milestones/Notes**
ENGL 1010 (Comm)	3		Nat Sci (Rubric 1)	4	BIOL 1030/1031 rec.; BIOL 1030/1110 prereq for BIOL 2030
COMM 2200 (Comm)	3		ENGL 1020 (Comm)	3	
Soc/Beh Sci (Rubric 1)	3	HLTH 1530/1531 rec.; Honors 1530 fall only	Hum/FA (Rubric 2)	3	
Hum/FA (Rubric 1)	3		Soc/Beh Sci (Rubric 2)	3	
HIST 2010, HIST 2020, HIST 2030	3		HLTH 3320	3	
SUBTOTAL	**15**		**SUBTOTAL**	**16**	
SOPHOMORE FALL			**SOPHOMORE SPRING**		
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		YOED 2500	3	Sed Ed. Minor
NFS 1240	3		Nat Sci (Rubric 2)	4	
HLTH 3300	3		HLTH 4300	3	
BIOL 2030/2031	3	Prereq: BIOL 1030/1031 or BIOL 1110/1111	MATH (Math)	3	
PHED 1190	1		PHED 1290	1	
HIST 2010, HIST 2020, HIST 2030	3		Lifetime area of focus	1	
SUBTOTAL	**16**		**SUBTOTAL**	**15**	Apply to Teacher Education Program; see advisor.
JUNIOR FALL			**JUNIOR SPRING**		
HLTH 4340	3		HLTH 4260	3	
PHED 3720	3		HLTH 4360	3	
PHED 3900	3		PHED 1270	1	
PHED 3930	2		Lifetime area of focus	3	
PHED 1280	1		Lifetime area of focus	3	
YOED 3000	3	Sec. Ed. Minor	YOED 3300	3	Sec. Ed. Minor
SUBTOTAL	**16**		**SUBTOTAL**	**16**	
SENIOR FALL			**SENIOR SPRING**		
YOED 4020	6	Sec. Ed. Minor	YOED 4400	12	Professional semester–must complete to earn state teaching license
HLTH 4440	3				
Lifetime area of focus	3				
Lifetime area of focus	3				
SUBTOTAL	**15**		**SUBTOTAL**	**12**	
TOTAL HOURS IN PROGRAM: 120					

Community and Public Health–Health Education and Lifetime Wellness Suggested Fall/Spring/Summer Four-Year Schedule

Refer to www.mtsu.edu/financial-aid/scholarships for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	**Hours**	**Milestones/Notes**	**Course**	**Hours**	**Milestones/Notes**
ENGL 1010 (Comm)	3		Nat Sci (Rubric 1)	4	BIOL 1030/1031 rec.; BIOL 1030/1110 prereq for BIOL 2030
COMM 2200 (Comm)	3		ENGL 1020 (Comm)	3	
Soc/Beh Sci (Rubric 1)	3	HLTH 1530/1531 rec.; Honors 1530 fall only	Hum/FA (Rubric 2)	3	
HIST 2010, HIST 2020, HIST 2030	3		HLTH 3320	3	
SUBTOTAL	**12**		**SUBTOTAL**	**13**	
FRESHMAN SUMMER					
Hum/FA (Rubric 1)	3		Soc/Beh Sci (Rubric 2)	3	
SUBTOTAL	**3**		**SUBTOTAL**	**3**	
SOPHOMORE FALL			**SOPHOMORE SPRING**		
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		YOED 2500	3	Sed Ed. Minor
HLTH 3300	3		HLTH 4300	3	
BIOL 2030/2031	3	Prereq: BIOL 1030/1031 or BIOL 1110/1111	Nat Sci (Rubric 2)	4	
PHED 1190	1		PHED 1290	1	
HIST 2010, HIST 2020, HIST 2030	3		Lifetime area of focus	1	
SUBTOTAL	**16**		**SUBTOTAL**	**12**	Apply to Teacher Education Program; see advisor.
SOPHOMORE SUMMER					
NFS 1240	3		MATH (Math)	3	
SUBTOTAL	**3**		**SUBTOTAL**	**3**	
JUNIOR FALL			**JUNIOR SPRING**		
HLTH 4340	3		HLTH 4260	3	
PHED 3720	3		HLTH 4360	3	
PHED 3900	3		PHED 1270	1	
PHED 3930	2		Lifetime area of focus	3	
PHED 1280	1		Lifetime area of focus	3	
YOED 3000	3	Sec. Ed. Minor	YOED 3300	3	Sec. Ed. Minor
SUBTOTAL	**16**		**SUBTOTAL**	**16**	
SENIOR FALL			**SENIOR SPRING**		
YOED 4020	6	Sec. Ed. Minor	YOED 4400	12	Professional semester–must complete to earn state teaching license
HLTH 4440	3				
Lifetime area of focus	3				
Lifetime area of focus	3				
SUBTOTAL	**15**		**SUBTOTAL**	**12**	
TOTAL HOURS IN PROGRAM: 120					

Notes:

1. 120 semester hours with at least a 2.00 grade point average; 12 of the last 18 hours must be taken at MTSU–not transferred
2. 42 upper-division hours (3000-4000 level courses) with at least a 2.00 grade point average
3. 30 upper-division hours must be taken at MTSU–not transferred
4. 60 senior college hours (taken at a four-year college)

*Any course substitution(s) must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures **before** being submitted to the graduation analyst.*

MTSU is an AA/EEO employer; created using the 2015-16 undergraduate catalog