

Nutrition and Food Science Academic Map

Department of Human Sciences

Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
CHEM 1010/1011 or CHEM 1110/1111 (Nat Sci)	4		CHEM 1020/1021 or CHEM 1120/1121	4	
SOC 1010 (Soc/Beh Sci)	3		NFS 2220	3	Must earn C or higher
Hum/FA (Rubric 1)	3		Hum/FA (Rubric 2)	3	
HSC 1010	1		Soc/Beh Sci	3	Other than SOC
SUBTOTAL	14		SUBTOTAL	16	
SOPHOMORE FALL			SOPHOMORE SPRING		
COMM 2200 (Comm)	3		NFS 3260	3	
BIOL 2010/2011 (Nat Sci)	4	Must earn C or higher	BIOL 2020/2021	4	Must earn C or higher
NFS 3200/3201	3	Offered fall only	ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
MATH 1010 (Math)	3		HIST 2010, HIST 2020, or HIST 2030	3	
HIST 2010, HIST 2020, or HIST 2030	3		NFS 3280	3	
SUBTOTAL	16		SUBTOTAL	16	
JUNIOR FALL			JUNIOR SPRING		
NFS 4210	3		NFS 4250	3	
CDFS 3320	3		NFS 4240	3	
CHEM 2030/2031	4		Minor course	3	
NFS 4270	3	Offered fall only	Minor course	3	
NFS 4260	3		HSC 4410	3	
			NFS 4271	3	
SUBTOTAL	16	2.00 GPA required for graduation	SUBTOTAL	18	Submit UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HSC 4000	1		Minor course	3	
Elective course	2		Minor course	3	
Minor course	3		ABAS 4200, 4810, 4820, 4830; NFS 3100, 4100; HLTH 3020; FCSE 4502	6	Choose two
ABAS 4200, 4810, 4820, 4830; NFS 3100, 4100; HLTH 3020; FCSE 4502	6	Choose two			
SUBTOTAL	12		SUBTOTAL	12	
TOTAL HOURS IN PROGRAM: 120					

Suggested Summer/Fall/Spring Four-Year Schedule

Refer to www.mtsu.edu/scholarships/ for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN SUMMER					
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Hum/FA (Rubric 1)	3		Soc/Beh Sci	3	Other than SOC
SUBTOTAL	3		SUBTOTAL	3	
FRESHMAN FALL			FRESHMAN SPRING		
CHEM 1010/1011 or CHEM 1110/1111 (Nat Sci)	4		CHEM 1020/1021 or CHEM 1120/1121	4	
SOC 1010 (Soc/Beh Sci)	3		NFS 2220	3	
ENGL 1010 (Comm)	3	Must earn C- or higher	ENGL 1020 (Comm)	3	
HSC 1010	1		Hum/FA (Rubric 2)	3	
SUBTOTAL	11		SUBTOTAL	13	
SOPHOMORE SUMMER					
COMM 2200 (Comm)	3		ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3	
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
BIOL 2010/2011 (Nat Sci)	4	Must earn C or higher	NFS 3260	3	
NFS 3200/3201	3	Offered fall only	BIOL 2020/2021	4	Must earn C or higher
MATH 1010 (Math)	3		HIST 2010, HIST 2020, or HIST 2030	3	
HIST 2010, HIST 2020, or HIST 2030	3		NFS 3280	3	
SUBTOTAL	13		SUBTOTAL	13	
JUNIOR SUMMER					
CDFS 3320	3		Minor course	3	
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
NFS 4210	3		NFS 4250	3	
CHEM 2030/2031	4		NFS 4240	3	
NFS 4270	3	Offered fall only	Minor course	3	
NFS 4260	3		HSC 4410	3	
			NFS 4271	3	
SUBTOTAL	13	2.00 GPA required for graduation	SUBTOTAL	15	Submit UD and Intent to Graduate forms
SENIOR FALL			SENIOR SPRING		
HSC 4000	1		Minor course	3	
Elective	2		ABAS 4200, 4810, 4820, 4830; NFS 3100, 4100; HLTH 3020; FCSE 4502	6	Choose two
Minor course	3		Minor course	3	
ABAS 4200, 4810, 4820, 4830; NFS 3100, 4100; HLTH 3020; FCSE 4502	6	Choose two			
SUBTOTAL	12		SUBTOTAL	12	
TOTAL HOURS IN PROGRAM: 120					

Notes:

- 120 semester hours with at least a 2.00 grade point average; 12 of the last 18 hours must be taken at MTSU—not transferred
- 42 upper-division hours (3000-4000 level courses) with at least a 2.00 grade point average
- 30 upper-division hours must be taken at MTSU—not transferred
- 60 senior college hours (taken at a four-year college)

- Learning support courses do not count toward the 120-hour requirement or cumulative degree GPA.

- Courses used to fulfill high school deficiencies can only be counted as **elective or general education** credit.

Any course substitution(s) must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures **before** being submitted to the graduation analyst.