

Health Education–Community and Public Health Academic Map

Department of Health and Human Performance

Middle Tennessee State University • Murfreesboro



An academic map is a suggested four-year schedule of courses based on degree requirements in the undergraduate catalog. This sample schedule serves as a general guideline to help build a full schedule each term. Milestones, courses, and special requirements necessary for timely progress to complete a major are designated to keep you on track to graduate in four years. **Missing milestones could delay your program.**

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also see the current undergraduate catalog (catalog.mtsu.edu) for a complete list of requirements and electives. *Note: Requirements are continually under revision, and there is no guarantee they will not be changed or revoked; contact the department and/or program area for current information.*

You may choose to attend a summer term to reduce your load during fall or spring terms but still stay on track to graduate in four years (see back). NOTE: Learning Support courses will alter the sequences on this map.

Suggested Fall/Spring Four-Year Schedule

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
Soc/Beh Sci	3	HLTH 1530/1531 rec.	HLTH 3320	3	
PHED activity course	1		COMM 2200 (Comm)	3	
ENGL 1010 (Comm)	3		ENGL 1020 (Comm)	3	
HumFA (Rubric 1)	3		Soc/Beh Sci (Rubric 1)	3	
HIST 2010, HIST 2020, or HIST 2030	3		Nat Sci (Rubric 1)	4	(BIOL 1110/1111 rec.)
SUBTOTAL	13		SUBTOTAL	16	
SOPHOMORE FALL			SOPHOMORE SPRING		
NFS 1240	3		Hum/FA (Rubric 2)	3	
HLTH 3340	3		HLTH 3300	3	
HIST 2010, HIST 2020, or HIST 2030	3		Nat Sci (Rubric 2)	4	Except BIOL prefix
ENGL 2020, ENGL 2030, or HUM 2610 (Hum/FA)	3		MATH (Math)	3	
BIOL 2030/2031	3		Elective (HLTH 3000 rec.)	3	
PHED activity course	1				
SUBTOTAL	16		SUBTOTAL	16	
JUNIOR FALL			JUNIOR SPRING		
HLTH 3020	3		HLTH 4270	3	
HLTH 3250	3		HLTH 4360	3	
HLTH 4340	3		HLTH 4600/4601	3	
HLTH 4400	3		HLTH 4860	3	
Minor course	3		Minor course	3	
SUBTOTAL	15		SUBTOTAL	15	
SENIOR FALL			SENIOR SPRING		
HLTH 4460	3		HLTH 4250	9	
HLTH 4810	3		HLTH 4900	1	
HLTH 4870	3		Minor course	3	
Minor course	3				
Minor course	3		NOTE: A maximum of 4 additional hours is allowed when enrolled in HLTH 4250. The 4 hours include HLTH 4900 (1 hr.) and one other 3 hour course (preferably an online course).		
Elective	1				
SUBTOTAL	16		SUBTOTAL	13	
TOTAL HOURS IN PROGRAM: 120					

Suggested Summer/Fall/Spring Four-Year Schedule

Refer to www.mtsu.edu/scholarships/ for information regarding use of the Lottery Scholarship for the summer term.

FRESHMAN FALL			FRESHMAN SPRING		
Course	Hours	Milestones/Notes	Course	Hours	Milestones/Notes
ENGL 1010 (Comm)	3		HLTH 3320	3	
COMM 2200 (Comm)	3		ENGL 1020 (Comm)	3	
Hum/FA (Rubric 1)	3		Soc/Beh Sci (Rubric 1)	3	
Soc/Beh Sci	3	HLTH 1530/1531 rec.	Nat Sci (Rubric 1)	4	
			PHED activity course	1	
SUBTOTAL	12		SUBTOTAL	14	
SOPHOMORE SUMMER					
ENGL 2020, ENGL 2030, or HUM 2610(Hum/FA)	3		HIST 2010, HIST 2020, or HIST 2030	3	
SUBTOTAL	3		SUBTOTAL	3	
SOPHOMORE FALL			SOPHOMORE SPRING		
NFS 1240	3		Hum/FA (Rubric 2)	3	
HLTH 3340	3		HLTH 3300	3	
BIOL 2030/2031	3		Nat Sci (Rubric 2)	4	
HIST 2010, HIST 2020, or HIST 2030	3		MATH (Math)	3	
PHED activity	1		Elective (HLTH 3000 rec.)	3	
SUBTOTAL	13		SUBTOTAL	16	
JUNIOR SUMMER					
HLTH 3020	3		HLTH 4270	3	
SUBTOTAL	3		SUBTOTAL	3	
JUNIOR FALL			JUNIOR SPRING		
HLTH 3250	3		HLTH 4360	3	
HLTH 4340	3		HLTH 4860	3	
HLTH 4400	3		HLTH 4660/4661	3	
Minor course	3		Minor course	3	
SUBTOTAL	12		SUBTOTAL	12	
SENIOR FALL			SENIOR SPRING		
HLTH 4460	3		HLTH 4250	9	
HLTH 4810	3		HLTH 4900	1	
HLTH 4870	3		Minor course	3	
Minor course	3				
Minor course	3		NOTE: A maximum of 4 additional hours is allowed when enrolled in HLTH 4250. The 4 hours include HLTH 4900 (1 hr.) and one other 3 hour course (preferably an online course).		
Elective	1				
SUBTOTAL	16		SUBTOTAL	13	
TOTAL HOURS IN PROGRAM: 120					

Notes:

- 120 semester hours with at least a 2.00 grade point average; 12 of the last 18 hours must be taken at MTSU—not transferred
- 42 upper-division hours (3000-4000 level courses) with at least a 2.00 grade point average
- 30 upper-division hours must be taken at MTSU—not transferred
- 60 senior college hours (taken at a four-year college)

- Learning support courses do not count toward the 120-hour requirement or cumulative degree GPA.
- Courses used to fulfill high school deficiencies can only be counted as **elective or general education** credit.
Any course substitution(s) must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures **before** being submitted to the graduation analyst.